ODISHA PUBLIC SERVICE COMMISSION

19, DR. P. K. PARIJA ROAD, KATAKA- 753001

NOTICE

No.5094.../PSC, DT..03/09/26

ADVERTISEMENT NO. 12 OF 2026-27

Website – https://opsc.gov.in

I.	**Lecturers in Govt. College of Physical Education (Group-B) under Sports & Youth Services Department**
II.	**No. of Vacancies – 05**

Online applications are invited from the prospective candidates through the Proforma Application Form to be made available on the WEBSITE (http://opsc.gov.in). The link for registration and payment of examination fee shall be available from **09.09.2026 to 09.10.2026 (5.00 P.M.) (Note- 09.10.2026 (5.00 P.M.) is the last date/closing date for submission of Registered Online Application)** for recruitment to **05** posts of **Lecturers in Government College of Physical Education (Group-B) under Sports & Youth Services Department** in the scale of pay Rs. 44,900/- in Level-10, Cell-1 of the pay matrix as per ORSP Rules, 2017 with usual Dearness and other Allowances as may be sanctioned by the Government from time to time. The Examination will be conducted in accordance with the provisions of the Orissa Education Service in State's Scale of Pay (Method of Recruitment and Conditions of Service) Rules, 2009 as amended from time to time.

2. VACANCY POSITION:

As per requisition filed by the Sports & Youth Services Department, Government of Odisha, **the vacancy position for the post of Lecturers in Govt. College of Physical Education is 05 i.e. UR-01, SC-02 & ST-02.**

3. AGE:

A candidate must have attained the age of **21 (twenty-one)** years and must not be above the age of **42 (forty-two)** years as on the **1st January, 2026**, i.e. he/she must not have been born earlier than **2nd January, 1984** and not later than **1st January, 2005**.

4. EDUCATIONAL QUALIFICATION:

A candidate shall have possessed **Master's Degree in Physical Education (M.P.Ed.)** from any recognized University with **at least 55%** of marks or its equivalent grade and a consistently good academic record, or **Ph.D, D.Litt, M.Phil. & M.Litt with at least 50% marks in the Master's Degree:**

"Provided that candidates belonging to **Scheduled Caste** and **Scheduled Tribes** shall possess a **Master's Degree in Physical Education** from a recognized University with **at least 50%** marks or its equivalent grade."

5. EXAMINATION FEE:

The candidates other than SC and ST categories shall have to pay the examination fee amounting to **Rs. 700/-** (**Rupees Seven Hundred**) only through online mode while filling the Online Application Form. The examination fees paid shall be refunded only to those candidates who actually appear in all the papers of Written Examination. Application without payment of examination fees (except SC/ ST candidates) will be taken as incomplete and outrightly be rejected.

Refund shall be issued in due course after completion of the Written Examination. Refund will be processed to the original mode of payment used at the time of the transaction by the candidate. (Credit Card, Debit Card, UPI, Net Banking, Wallet etc.)

6. METHOD OF SELECTION:

a) The Examination will consist of the following successive stages: -
   i) Written Examination (Subjective type)
   ii) Viva Voce Test

b) The Written Examination will be in **General English, General Knowledge and concerned subject**. General English (Part-A) and General Knowledge (Part-B) will be covered in one paper carrying **100 marks** with 50 marks for each part. The Examination in the **concerned subject** will be for **400 marks** consisting of two Papers i.e. Paper-I and Paper-II having 200 marks each. **Each Paper will be of 3 hours duration.**

c) The Commission shall conduct the **Viva Voce Test** for **50 marks**.

d) **The Commission shall be competent to fix up the qualifying marks for each paper and/or aggregate of each category of candidates in the Written Examination.**

The details of Plan of Examination, Scheme, Subjects & Syllabus for the Written Examination is available in the Long Advertisement.

7. WRITTEN EXAMINATION:

The Written Examination will be conducted on **03.01.2027 (Sunday) and 04.01.2027 (Monday).** The detailed schedule and centers for the Examination will be intimated in due course.

8. HOW TO APPLY:

Candidates must go through the details of this Advertisement available on the website of OPSC before filling up of online application form.

Candidates must apply online though the website of OPSC http://opsc.gov.in. Applications received through any other mode would not be accepted and summarily be rejected.

03/9/26

KATAKA
DT – 03.09.2026

SECRETARY
ODISHA PUBLIC SERVICE COMMISSION
KATAKA

ODISHA PUBLIC SERVICE COMMISSION

WEBSITE – http://opsc.gov.in

ADVERTISEMENT NO. 12 OF 2026-27.

Recruitment to the posts of Lecturer in Government College of Physical Education (Group-B) under the Sports & Youth Services Department

Online applications are invited from the prospective candidates through the Proforma Application Form to be made available on the WEBSITE (http://opsc.gov.in). The link for registration and payment of examination fee shall be available from **09.09.2026** to **09.10.2026 (5.00 P.M.)** **(Note- 09.10.2026 (5.00 P.M.) is the last date/closing date for submission of Registered Online Application)** for recruitment to **05** posts of Lecturer in Government College of Physical Education (Group-B) under Sports & Youth Services Department in the scale of pay Rs. 44,900/- in Level-10, Cell-1 of the pay matrix as per ORSP Rules, 2017 with usual Dearness and other Allowances as may be sanctioned by the Government from time to time. The Examination will be conducted in accordance with the provisions of the Orissa Education Service in State's Scale of Pay (Method of Recruitment and Conditions of Service) Rules, 2009 as amended from time to time.

2. VACANCY POSITION:

As per requisition submitted by Sports & Youth Services Department, Government of Odisha, the category wise vacancy position is given below:

Sl. No.	Category	No. of Post
1	UR	01
2	SC	02
3	ST	02
TOTAL =		**05**

Note:

a) Experience has shown that, some candidates obtain SC/ST certificate etc. immediately ahead of the date of Application and upload the same along with Online Application, only to secure admission to the examination, which sometimes get cancelled subsequently on the grounds of inadmissibility or fraud etc. If any such cancellation of any uploaded certificate is detected at any stage of the recruitment examination, the candidature of such candidates will be cancelled under that category and punitive measure as deemed shall be taken against him/her.

b) Exchange of reservation between Scheduled Caste and Scheduled Tribe will not be considered in the event of non-availability of eligible and suitable S.C. / S.T. candidates.

c) The number of vacancies to be filled up on the basis of this recruitment is subject to change by the Government without notice, depending upon the exigencies of public service at the discretion of the State Government.

3. AGE:

A candidate must have attained the age of **21 (twenty-one)** years and must not be above the age of **42 (Forty-two)** years as on the **1st January, 2026**, i.e. he/she must not have been born earlier than **2nd January, 1984** and not later than **1st January, 2005**.

Provided that the upper age limit prescribed above is relaxed by **05 (five) years** for candidates belonging to the categories of S.C./S.T./ Women and Ex-Servicemen.

(SAVE AS PROVIDED ABOVE THE AGE LIMITS PRESCRIBED CAN IN NO CASE BE RELAXED.)

Date of birth entered in the High School Certificate or equivalent Certificate issued by the concerned Board/Council will be accepted by the Commission.

4. EDUCATIONAL QUALIFICATION:

A candidate shall have possessed **Master's Degree in Physical Education (M.P.Ed.)** from any recognized University with **at least 55%** of marks or its equivalent grade and a consistently good academic record, or **Ph.D, D.Litt, M.Phil. & M.Litt with at least 50% marks in the Master's Degree:**

"Provided that candidates belonging to **Scheduled Caste** and **Scheduled Tribes** shall possess a **Master's Degree in Physical Education** from a recognized University with **at least 50%** marks or its equivalent grade."

5. KNOWLEDGE IN ODIA:

A candidate must be able to speak, read and write Odia and must have passed M.E. School Examination with Oriya as language subject;

Or,

have passed High School Certificate or equivalent Examination with Oriya as medium of examination in non-language subject;

Or,

have passed Odia Language subject in the final examination of Class-VII or above;

Or,

have passed a test in Oriya in M.E. standard conducted by the Department of School & Mass Education/Board of Secondary Education, Odisha.

6. EXAMINATION FEE, MODE OF PAYMENT & REFUND:

As per Odisha payment of recruitment examination fees and Refund Rules, 2025 published vide Government in G.A. & P.G. Department Notification No. 34124-GAD-SC-rules-0020/2025/Gen. dated 10.10.2025, **the candidates other than SC and ST category shall have to pay the Examination fees.**

The candidates other than SC and ST category shall have to pay the examination fee amounting to **Rs. 700/- (Rupees Seven hundred) only** through online mode while filling the Online Application Form. The examination fees paid shall be **refunded only to those candidates who actually appear in all the papers of the Written Examination. Applications without payment of examination fees (except SC/ST candidates) will be taken as incomplete and outrightly be rejected.**

Refund shall be issued in due course after completion of the Written Examination. Refunds will be processed to the original mode of payment used at the time of the transaction by the candidate. (Credit Card, Debit Card, UPI, Net Banking, Wallet, etc.).

However, the candidates shall have to furnish their bank account details i.e. Account Number, IFSC Code, Name of the Account Holder and Name of the Bank branch in the required field in the Online Application Form which will be required in case of failure of refund of money through the original mode of payment owing to technical glitches or other issues, if any. The Bank Account must remain valid/active. The onus of furnishing the correct bank account details lies with the candidates and the Commission (OPSC) shall not entertain any correspondence from any candidate in this regard.

7. METHOD OF SELECTION:

a) The Examination will consist of the following successive stages: -

SL.NO.	COMPONENT	MARKS
1.	Written Examination (Subjective type)	500
2.	Viva-voce Test	50
TOTAL		**550**

b) Written Examination: -

Paper	Component	Duration	Mark
Paper-I	i. General English-50 mark ii. General Knowledge-50 mark	3 hours	100 marks
Paper-II	Physical Education-I	3 hours	200 marks
Paper-III	Physical Education-II	3 hours	200 marks
Total			500 marks

NOTE: The questions will be of **descriptive subjective** type.

c) **Syllabus:** -The detailed Syllabus is appended to this at **Annexure- A.**

d) **Qualifying Mark**: - The Commission will fix-up the qualifying marks for each paper and /or aggregate of each category of candidates in the Written Examination.

e) **Shortlisting of candidates for Interview**: -The candidates who obtain such minimum qualifying marks in the Written Examination as may be fixed by the Commission *supra* will be shortlisted for the Viva Voce Test (Interview) based on the Marks secured in the Written Examination out of 500 Marks in order of merit equal to 3 times of the number of vacancies.

Provided that, for the vacancies up to 02, ten candidates and for the vacancies between 03 to 05, fifteen candidates shall be called by the Commission for Viva Voce Test.

f) **Viva-Voce**: - The Commission shall conduct the Viva-Voce Test for 50 marks.

g) **Merit List**: - The Final merit List will be prepared strictly in order of merit based on the Aggregate Marks secured by the candidates both in the Written Examination and Viva Voce (out of 550 Marks) equal to the number of advertised vacancies.

Provided that, if two or more candidates obtain equal marks in aggregate, those who secure more marks in the Written Examination will be placed higher in the list. In case the marks secured in Written Examination be equal, the order of merit shall be determined in accordance with age, i.e. the candidates older in age shall be assigned higher position.

NOTE: **Details relating to this recruitment like mark secured by Last Selected Candidate (LSC mark), individual marks, etc shall only be declared in the Website of the Commission after publication of the Final Result and Select List.**

8. DATE OF EXAMINATION:

The Written Examination will be held on **03.01.2027 (Sunday) and 04.01.2027 (Monday)**. The detailed Schedule and Centre of Examination will be notified in due course.

9. PLACE OF EXAMINATION:

The venue of the Written Examination for the posts of Lecturers in Government College of Physical Education will be located at **Kataka/Bhubaneswar**.

10. OTHER ELIGIBILITY CONDITIONS:

(i) A candidate must be a citizen of India.

(ii) He/she must be of good character and sound mental and bodily health and physique and active habits and free from organic defects or bodily infirmities so as not to create an impairment in due discharge of duties.

(iii) A candidate, who has more than one spouse living or in case of a woman candidate, if married to a person having one spouse living, shall not be eligible for appearing at the examination, unless the State Government has exempted his/her case from operation of this limitation for any good and sufficient reasons.

(iv) Government Servants, whether temporary or permanent, are eligible to apply provided that they possess the requisite qualifications and are within the prescribed age limit as provided under Para-3 & 4 of the Advertisement respectively. They must inform their respective Heads of Departments in writing regarding submission of their application for this recruitment and furnish "**No Objection Certificate**" during document verification. **So, the candidates must obtain NOC well in advance.**

(v) If a candidate has, at any time, been debarred for a certain period/chance(s) by the Odisha Public Service Commission or other State Public Service Commission or U.P.S.C. from appearing at any Examination/Interview, he/she **will not be eligible** for such recruitment for that specified period/chance(s).

(vi) **Only those candidates, who possess the requisite qualification and fulfil other eligibility conditions by the closing date of submission of online applications will be considered eligible.**

(vii) A candidate who claims change in his/her name after having passed the High School Certificate Examination or equivalent examination, is required to furnish copy of publication of the changed name in local leading daily newspaper as well as copy of notification in the Gazette in support of his/her change of name.

(viii) No candidate shall be appointed to the Service who, after such medical examination, as the State Government may prescribe, is not found to be free from any communicable disease and mental or physical defect likely to interfere with the discharge of the duties of the public service.

11. IMPORTANT POINTS:

(I) The provisions of the Odisha Conduct of Examinations Act, 1988 (Odisha Act-2 of 1988) are applicable to this Examination conducted by the Odisha Public Service Commission. Any violation of the above Act and violation of "**Instructions to candidates**" (as provided in the advertisement, application form, Brochure, Admission Certificate & Answer Script etc.) will be seriously viewed and disciplinary action will be taken against the concerned candidates as deemed proper.

(II) A candidate found guilty of seeking support for his/her candidature by offering illegal gratification or applying pressure on any person connected with the conduct of the recruitment process or found indulging in any type of malpractice in course of the selection or otherwise, shall, in addition to rendering himself/herself liable to criminal prosecution, be disqualified not only for the recruitment for which she/he is a candidate, but also may be debarred, either permanently or for a specified period, from any recruitment or selection to be conducted by the Commission.

(III) **Online applications submitted to OPSC, if found to be incomplete in any respect, are liable to rejection without entertaining any correspondence with the applicants on that score.**

(IV) **Admission to the Written Examination/Interview will be provisional. If on verification at any stage before or after the Written examination/Interview/Publication of Result, it is found that a candidate does not fulfil all the eligibility conditions, his/her candidature will be liable to rejection. Decision of the Commission regarding eligibility or otherwise of candidate shall be final.**

(V) This advertisement should not be construed as binding on the Government to make appointment.

(VI) **Reservation and Relaxation meant for S.C. & S.T. are admissible to the Scheduled Castes & Scheduled Tribes of Odisha only.**

(VII) **Community (caste status) once mentioned by the candidates under the appropriate box of the online application form, will be treated as final and the same shall not be changed subsequently under any circumstances.**

(VIII) The posts are Temporary and likely to be Permanent. The period of probation is two years from the date he/she actually joins in the post and may be extended at the discretion of the Govt. The appointment can be terminated on one month notice from either side without assigning any reason thereof.

(IX) All persons appointed under the Government of Odisha on or after 1st January, 2005 shall not be eligible for pension as defined under sub-rule (1) of Rule-3 of the Odisha Civil Services (Pension) Rules, 1992; but shall be covered by the defined Contributory Pension Scheme in accordance with the Odisha Civil Services (Pension) Amendment Rules, 2005.

(X) **Any misrepresentation or suppression of information by the candidate in the online application, will result in cancellation of his/her candidature or penalty, as decided by the Commission be imposed on the candidate.**

(XI) Mere empanelment in the select list shall not confer any right for appointment unless the Government is satisfied after making such enquiry as may be deemed necessary that the candidate is suitable in all respects for appointment to the Service.

(XII) **No request for withdrawal of candidature and change of category will be entertained under any circumstances.**

(XIII) **Submission of NPS application is mandatory for all recommended candidates at the time of joining in Govt. Services.**

12. <u>CERTIFICATES/DOCUMENTS TO BE ATTACHED</u>:

Candidates, who qualify in the Written Examination will be provisionally called for Document Verification/Interview and should be in readiness to submit the hard copy of Online Application Form, along with true copies of the following documents duly self-certified.

The candidates are required to mention on each document **"<u>Submitted by me and Certified as genuine and has not been cancelled</u>"** and put their **<u>full signature and date on the same</u>.**

If a candidate fails to produce any of the original certificates and documents in respect of self-attested photocopies submitted with the application during Document Verification, his/her candidature will be rejected.

(a) H.S.C. or equivalent certificate in support of declaration of age issued by the concerned Board/Council;

(b) Intermediate/+2 Examination Certificate or equivalent Certificate issued by the concerned Board/Council;

(c) Bachelor's Degree Certificate from recognized University;

(d) Master's Degree Certificate in Physical Education (M.P.Ed.) from recognized University;

(e) Mark-lists of all semesters / annual examination in support of all the aforesaid examinations (H.S.C. to Master's Degree in Physical Education) passed including fail marks, if any, issued by the concerned Board/Council/University.

(f) Certificate & Marksheet showing completion of Ph.D./D.Litt/M.Phil/M.Litt (If available)

NOTE-1:

(i) Candidates who have not been awarded percentage of marks, but only "GRADE MARKS", should, along with their applications, produce the Conversion Certificate from the concerned University indicating the actual equivalent percentage of marks and the conversion formula, failing which, their applications are liable to be rejected.

(ii) While filling up the relevant box of the online application form, the candidates has to mention the marks (Excepting the marks secured in the Extra-Optional / 4th Optional Subject) in the examinations passed (HSC to Degree).

(g) Caste Certificate in support of claim as S.C./S.T. wherever applicable (Please see Note-2-Para-12).

(h) Required Odia Test Pass Certificate from the Principal/Headmaster of the School where he/she passed Class-VII with Odia Language as a subject or the Odia Pass Certificate from the Deptt. of School & Mass Education or Board of Secondary Education as applicable. (Please see Para-5 & Note-3).

(i) Ex-Servicemen claiming age relaxation are required to submit/ upload Release Certificate issued as per Orissa Ex-Servicemen (Recruitment to State Civil Services and Posts) Rules, 1985 vide GA Department. Notification No. 22586/Gen, dt. 16.10.1985.

(j) Four recent passport size photographs, within 06 months (unsigned & unattested), which has been uploaded with online application form.

(k) **No Objection Certificate** from their competent authorities in case of Government Servants.

(l) Any Proof of Photo Identity. Preferred ID is Aadhar Card.

NOTE -2:

i. **Candidates claiming to belong to S.C./S.T. categories of Odisha by birth are required to submit copy of the relevant Caste Certificate issued by the competent authority in the prescribed form.**

ii. **Women candidates belonging to S.C./S.T. categories are required to submit caste certificate showing "daughter of .....". Caste Certificates by virtue of marriage (i.e. showing "wife of .....") are not acceptable and liable for rejection.**

iii. **Community (Caste status) once mentioned by the candidates in the online application form shall not be changed under any circumstances.**

The Competent Authorities are as prescribed by the Government of Odisha under relevant Reservation Rules.

NOTE-3:

Bachelor's Degree Certificate, Master's Degree Certificate in Physical Education, Ph.D./D.Litt/M.Phil/M.Litt Certificate, S.C./S.T. Caste Certificate, Odia Test Pass Certificate & Release Certificate issued as per Orissa Ex-Servicemen (Recruitment to State Civil Services & Posts) Rules, 1985 vide G.A. Deptt. Notification No. 22586-Gen, Dt-16.10.1985, must have been issued by the Competent Authority on or before the date of submission of the online application form by the candidate.

13. GROUNDS OF REJECTION OF APPLICATIONS: -

Applications of candidates will be **rejected** on any of the following grounds-

(a) In-complete online application form including non-uploading of required documents in the online application form.

(b) Non-submission of hard copy of online application form at the time of verification of original documents.

(c) Declaration not signed (full signature) by the candidate in the hard copy of online application form.

(d) Not passing Odia Test (M.E. standard)/ not furnishing Odia Test pass evidence by the date for submission of online application form as required under Para -5 of the Advertisement.

(e) Not coming within the age limit as mentioned in Para-3 of the advertisement.

(f) Not having prescribed requisite qualification by the date of submission of online application form as provided under Para-4 of the advertisement.

(g) Non-payment of examination fee, (wherever applicable), as provided under Para 6 of Advertisement.

(h) Not furnishing copies of certificates/documents as provided under Para-12 of the Advertisement.

(i) Submission/ uploading of wrong information / false information/ forged or fake or manipulated certificates/ testimonials with respect to qualification/ Age/ Category status (SC/ ST/ Ex-Servicemen/Women)/ OT pass evidence etc.

(j) Suppression of facts / information about eligibility, if any.

(k) Any such certificates as provided under Para-12 of the Advertisement issued after the last date for submission of Online Application Form will not be entertained to consider eligibility.

(l) Application received through any other mode (except Online through proforma Application to be made available on WEBSITE OF OPSC).

N.B.: Application/candidature of a candidate shall be rejected at any stage of recruitment process when discrepancy is noticed/ detected.

14. HOW TO APPLY:

(a) **Candidate must go through the details of this Advertisement available on the Website of OPSC before filling up online application form.**

(b) Candidates must apply online through the Website of the OPSC **http://opsc.gov.in**. **Applications received through any other mode would not be accepted and summarily be rejected.**

(c) **Before filling up the online application form, the candidates must go through detailed instructions available at OPSC portal.**

(d) The online application form is automated and system driven and will guide the candidate seamlessly in filling the application. The requisite options shall be enabled and information shall be asked as per data furnished by the candidate. Before filling up the information, ensure that accurate information is fed. The candidate must also verify the submitted copy of online application after its submission. If the candidate further wants to modify any information, she/he has to cancel the application and apply again within the last date of submission of application.

(e) Candidates are requested to upload the scanned image of latest passport size photograph along with scanned image of their full signature and scanned image of Left-Hand Thumb Impression (LTI) in the online Application Form. Uploaded photograph, Specimen (full) signature and LTI must be clearly identifiable/ visible, otherwise the application of the candidate is liable to be rejected by the Commission and **no representation from the candidate will be entertained.**

(f) Candidates should keep at least four copies of latest passport size photograph which is uploaded in the Online Application Form for future use.

(g) *On successful submission of the online application form, a unique "Permanent Public Service Account Number (PPSAN)" will be assigned to the applicant. Candidates are required to take a printout of the finally submitted online Registration/ Re-registration and finally submitted online application forms and put his/her signature under the declaration for submission to OPSC along with copies of requisite certificate & documents as and when asked.*

(h) **The candidates are advised to submit the Online Application Form well in advance without waiting for the closing date to avoid last hour rush.**

(i) Admission Certificate to the eligible candidates will be uploaded in the Website of OPSC prior to the date of Written Examination. The date & programme of Written Examination will be published in the OPSC Website & in the Newspapers. The candidates are required to **download their Admission Certificate/Instruction to candidates from Website**. No separate correspondence will be made for this purpose.

(j) Notice to candidates for Document Verification/Interview shall be uploaded in the website of OPSC prior to the date of Document Verification/Interview.

(k) **Any complaint** on the conduct of Examination must be sent to the Grievance wing of the Commission by e-mail (opsc@od.gov.in) within **07 (Seven) days of completion of the Examination.** Any complaint received beyond 7 days shall not be entertained.

(l) **Experience has shown that the candidates do submit Online Application Form with omission/error/without uploading documents and subsequently send E-mail/letter to the Commission for rectification. The Commission is under no obligation to entertain such request/representation.**

15. FACILITATION COUNTER: -

To resolve any technical problems faced during Registration and filling up of Online Application forms, candidate may contact OPSC Technical Support over **Telephone No. 0671-2304707** between 10.30 A.M. to 1.30 P.M. & 2.00 P.M. to 5.30 P.M. on any Odisha Government working days.

In case of any guidance/information on this advertisement and recruitment, candidates may go through the **FAQ** available on the website of the Commission or contact the O.P.S.C. Facilitation Counter over **Telephone No.0671-2304141/ 2305611 & Extn. - 218** on any Odisha Government working day between **10.30 A.M. to 1.30 P.M. & 2.00 P.M. to 5.30 P.M.**

The candidates are required to visit the website of the Commission at **http://opsc.gov.in** for detailed information about important Notices, rejection of applications, date & time of written examination, document verification & interview and also to keep track of publication of various notices to the effect in the leading local daily newspapers for information.

16. GENERAL:

Candidates submitting forged/manipulated documents will be debarred from appearing examination conducted by Odisha Public Service Commission for a specific period to be decided by the Commission. Candidates adopting unfair means will be permanently debarred.

CLOSING DATES

1. THE LINK FOR REGISTRATION AND PAYMENT OF EXAMINATION FEES SHALL BE AVAILABLE ON THE WEBSITE FROM **09.09.2026** to **09.10.2026 (5.00 P.M.)** (NOTE: - **09.10.2026 (5.00 P.M.)** IS THE LAST DATE FOR SUBMISSION OF REGISTERED ONLINE APPLICATION FORM)
2. ONLY ONLINE APPLICATIONS RECEIVED WITHIN THE DEADLINE **09.10.2026 (5.00 P.M.)** SHALL BE ACCEPTED.

NB: THE ONLINE APPLICATION FORM IF FOUND DEFECTIVE IN ANY RESPECT ARE LIABLE TO BE SUMMARILY REJECTED.

KATAKA
Dt. 03.09.2026

SECRETARY
ODISHA PUBLIC SERVICE COMMISSION
KATAKA

ANNEXURE – A

Plan of Examination, Standard and Syllabi

SYLLABUS OF EXAMINATION FOR THE POST OF LECTURER IN GOVT. COLLEGE OF PHYSICAL EDUCATION

PLAN OF EXAMINATION

Paper	Subject	Full Marks		Duration
1	Part-A General English	50	100	3 hours
	Part-B General Knowledge	50		
2	Physical Education, Paper-I	200		3 hours
3	Physical Education, Paper-II	200		3 hours

PATTERN OF QUESTIONS

Paper-1

- All questions shall be compulsory. However, candidates shall have the option of selecting one out of three topics given for essay writing.
- The standard of questions in General English shall that of High School (Class-X) Certificate Examination.
- Question requiring very short answer shall be asked in General Knowledge Paper.

Paper- 2 & 3

- Conventional questions requiring short and long answers.
- Each paper shall have eight questions out of which the candidates shall answer five questions.

A. PART – I :GENERAL ENGLISH & GENERAL KNOWLEDGE-100 MARKS.

GENERAL ENGLISH

The Question Paper in General English will be designed to test the candidate understands of English and workmanlike use of words. The pattern of questions would be as follows:

1. Precise writing of a passage of around 300 words : 10 Marks
2. Translation from Oriya to English : 10 Marks
3. Grammar, uses of Vocabulary : 15 Marks
4. Short Essay within 400 words. : 15 Marks

Total – 50 Marks

The standard of question of General English may be equal to Secondary Level (Class-X level).

GENERAL KNOWLEDGE

The paper in General Knowledge will include knowledge of current events and matters as of everyday observation and experience in the scientific aspects of life as may be expected of an educated person. The paper will also include question on History of India and Geography of such standard which the candidates should be able to answer without special study. Total 50 marks.

1.	Current Events	:	10 Marks
2.	Science in Everyday life	:	10 Marks
3.	History of India and Odisha	:	10 Marks
4.	Geography of India & Odisha	:	10 Marks
5.	Constitution of India	:	10 Marks
		Total –	50 Marks

B. **PART – II : CONCERNED SUBJECTS -400 MARKS.** The Standard of these two subject papers shall be that of P.G Examination.

Paper-I - 200 Marks

Module - I

Research process and Applied Statistics in Physical Education and Sports Sciences

* Meaning & definition of Research
* Need, nature and scope of research in phy.edn.
* Location of Research Problem
* Criteria for selection of Research Problem.
* Various Methods of research in Physical Education.
* Population & Sampling – Meaning, definition and Types.
* Details of Research proposal and report.
* Statistics – Meaning, definition, function, need and importance in phy.edn.
* Data classification, Tabulation and measures of central tendency – Mean, Median& Mode,
* Measures of Dispersion& Scales – Quartile deviation, Mean Deviation, Standard deviation, Sigma Scale, Z Scale,
* Probability of Distribution of graphs – Skewners & Kurtosis Frequency Polygon, Histogram & bar diagram,
* Concept of ANOVA and ANCOVA,
* Meaning of Correlation - Co-efficient correlation,
* Product movement and Rank difference method.

Module - II

Physiology of exercise, Athletic care and rehabilitation in Physical Education& Sports

* Skeletal Muscles and exercise – Macro and Micro structure of Skeletal muscle and Chemical Composition, Types of Muscle fibres, Muscle Tone, Effect of exercises on Muscular System,
* Cardiovascular System – Cardiac Cycle, Heart rate, Blood pressure, Structure & function of heart, Effect of exercises on cardiovascular System,
* Respiratory System and exercise – Mechanics of breathing Ventilation at rest and during exercise, Diffusion of gases in lungs and tissues, lung volume and capacities, Oxygen Debt, Effect of exercises on respiratory system.
* Phosphagen System, Aerobic and Anaerobic Metabolism, Aerobic and anaerobic Systems during rest & exercise,
* Sports performance in hot, & cool climates and at high altitudes Influences of Anabolic Steroids, Beta blocker, Creative, Choline on Sports performances,
* Objectives of corrective physical education, Posture – Values, Causes of deviation in postures and remedial measures through exercises,
* Rehabilitation exercise – PNF techniques & principle,
* Massage – Classification of the Manipulation used Massage and their Specific uses in human body,
* Principles pertaining to the prevention of Sports injuries,
* Principles and techniques of Strapping & bandages.

Module - III

Test Measurement & Evaluation in Physical Education.

* Meaning, need and definition of Test Measurement and evaluation.
* Criteria of selection of test.
* Motor Fitness Tests – Meaning & definition – Indiana Motor Fitness test, Oregon Motor fitness test, JCR test.
* Physical Fitness Test – AAHPERD health related fitness Battery, Havard's step test, Cooper run and walk Test.
* Anthropometric measurements, Aerobic and Anaerobic Test – The Bruce Treadmill test protocol, 1.5 mile run test, Margaria Kalamen test, Wingate anaerobic test,
* Specific Sports Skill Tests-
  Badminton(Millar Wall Volley test)
  Basket ball (Johnson basket ball test)
  Cricket (Sutcliff cricket test)
  Hockey (Friendal Field hockey test)
  Volleyball (Russel Lange Volley ball test)
  Foot ball (Mc Donald Volley Soccer test)
  Tennis (Dyer Tennis Test).

Module - IV

Sports Biomechanics and Kinesiology

* Meaning, nature and scope of Sports bio-mechanics and applied Kinesiology.
* Centre of gravity in human body and its importance in sports performances
* Origin &Insertion and action of the muscles Biceps, Triceps, TrapezeusSematus, Sartorius
* Meaning and definition of Motion – Types of Motion, Leniar, angular, circular and Uniform Motion.
* Principles related to Newton's laws of motion in Sports.
* Force – Sources of force in human body, Components of force in Sports performances.
* Laws of freely falling bodies – Projectiles, Guiding Principles of equilibrium and Factors influencing equilibrium.
* Importance of Principles of work, energy and Power in Sports, Kinetic energy and potential energy.
* Laws of leverage in Sports.

Module - V

Sports Management and Curriculum Design in Physical education.

* Definition, importance and principles of Sports Management.
* Personal Management - Objectives and Policies.
* Programme development and role of management.
* Competitive Sports programmes – Benefits, management guidelines for school and college sports programmes.
* Community based physical education and sports programme.
* Purchase and maintenance of sports equipments.
* Public relation in sports – principles of public relation.
* Meaning definition and principles of curriculum construction in physical education.
* Factors affecting curriculum and source of curriculum materials.
* Integration of physical education with other sports sciences.
* Curriculum research – Importance and objectives.
* Methods of evaluation.

Module - VI

Yogic Sciences

* Meaning and definition of Yoga.
* Concept of Yogic practices.
* Principles of breathing.
* Asanas and pranayams.
* Kriyas ; Mudras.
* Yoga and sports.
* Roll of yoga in psychological preparation of athlete.

Module - VII

Sports Technology

* Purpose; advantage and applications of sports technology.
* Technological impacts of sports.
* Science of sports materials – Adhesives, Foams, smart materials.
* Modern surfaces of playfields – construction and installation of sports surfaces.
* Modern equipments – Playing equipments, wearing material in different sports, measuring equipments, protective equipments, sports equipments.
* Training gadgets – Ball feeder in basketball, bowling machine in cricket, serving machine in Tennis.
* Lighting facilities in indoor and outdoor stadiums.
* Video coverage procedures for different sports.

Module - VIII

Sports Journalism and Mass media

* Meaning, definition and ethics of journalism.
* Sports ethics and sportsmanship, National and International sports news agencies.
* Concept of sports Bulletin.
* Role of journalism in the field of physical education and sports.
* General news reporting and sports reporting by a journalist.
* Different mass media in journalism.
* Role of Advertisement in journalism, sports photography.
* Brief review of Olympic Games, Asian Games, National Games of India and different World cup Tournaments.
* Preparing report of an annual sports meet for publication.
* Sports organization & sports journalism-Methods of editing sports report.
* Interview with an elite player or coach and presenting report.

Paper-II - 200 Marks

Module - I

Scientific Principles of Sports Training

* Aim, characteristics and principles of sports training.
* Components of physical fitness- Various methods to improve strength, speed, Endurance, Co-ordinative abilities, flexibilities.
* Training plan- Macro cycle, Meso cycle, short and long term plans, Periodisation, Competition period and transition period.
* Definition & meaning of Doping. Side effects of drugs, Dietary supplements. IOC list of doping Classes and Methods.
* Blood testing in doping control.

Module - II

Sports Medicine

* Meaning & importance of Sports medicine.
* Definition and principle of therapeutic exercises.- Coordination, balance training, Strengthening, Mobilising
* PRICE and PRINCE therapy.
* Basic rehabilitation- Strapping/ Tapping.
* Proprioceptive neuro- muscular facilitations.
* Various spinal injuries and its management through different stretching & strengthening exercises.
* Remedial measures by exercises for Upper extremity injuries (Sprain, Strain, Strapping in shoulder, elbow, wrist & fingers.
* Remedial measures by exercises for lower extremity injuries (Sprain, Strain, Strapping in hip, knee, ankle & foot).

Module - III

Health education & sports nutrition.

* Concept, Aim, objectives and principles of Health Education.
* Health Service and guidance instruction in personal hygiene.
* Health problems in India- Communicable & non communicable diseases, obesity, malnutrition, adulteration in food sanitation.
* Role of health education in schools.
* Health services- Care of skin, nails, eye and other body parts.
* First aid and emergency care.
* Role of nutrition in sports.
* Role of carbohydrate, fat and protein during exercises.
* Concept of BMI (Body mass index)
* Obesity and its hazard in today's society
* Role of diet and exercise in Weight

Module – IV

Sports Engineering

* Meaning of sports engineering.
* Equipment and facility designing and sports related instrumentation and measurement.
* Concept of internal force, axial force, shear force, bending movement, torsion, energy methods to find displacement of structure, strain energy.
* Introduction to Dynamics, Kinamatics to particles.
* Building and maintainance- Sports Infrastructure Gymnasium, Pavillion, Swimming pool, Indoor stadium, Outdoor stadium, Play park, Various requirement for air, light and other facilities.
* Building process and maintainance policy of infrastructures.
* Basics of theoretical analysis of cost, total life cost concepts, maintainance costs, energy cost, capital cost and taxation.

Module - V

Physical fitness and wellness

* Concepts and techniques of physical fitness.
* Physiological principles involved in human movement.
* Relationship between physical activity and lifelong wellness.
* Nutrients- Food choices, food guide pyramid.
* Weight management through nutrition.
* Cardio respiration endurance training through aerobic training.
* Assessment of Cardio respiration fitness and set goals to maintain or improve fitness levels.
* Weight training principles and concepts- basic resistance exercises.
* Advanced techniques of weight training.
* Flexibility training- Relaxation training & core training.
* Development of basic competency in relaxation and breathing techniques.

Module - VI

Information and Communication technology (ICT) in Physical Education.

* Communication and classroom Interaction- Concept elements process and types of communication.
* Scope of ICT- Teaching learning process, publication evaluation, research, Administration.
* Fundamentals of computers- Characteristics types and Applications of computers, hardware of computers and other computer managements.
* Concepts, Types and functions of computer networks. Internet and its applications.
* Ms-Office application- Ms-Word, Ms-Excel, Ms-Access, Ms-Powerpoint, Ms-Publisher.
* ICT integration in teaching learning process- Project based learning, Co-operative learning, Collaborate.
* E-Learning & web Based Learning.

Module - VII

Sports psychology

* Meaning, definition, history, need and importance of sports psychology.
* Motor learning- Motor perception, factors affecting perception.
* Personality- effects of personality on sports performance.
* Motivation- Types, measurement and importance in sports.
* Anxiety- Types, nature, causes and measurement, importance in sports.
* Stress- Meaning, stress and sports performances.
* Aggression and sports performances.
* Self Concept- Meaning and definition method of measurement.
* Goal setting- Process of goal setting in physical education and sports.
* Relaxation- Meaning, types of psychological relaxation.
* National Integration through sports.
* Leadership- meaning, definition, types and leadership in sports.
* Women in sports.
* Group psychology in sports arena.

Module - VIII

Educational Technology in Physical education & sports

* Concept, nature and scope of Educational technology.
* Forms of educational technology- teaching technology, instructional technology and behaviour technology.
* System approach to education and its components- Goal setting, tax analysis, context analysis , and evaluation strategies.
* Concept, views, process and steps of development of instructional design.
* Models for development of self learning materials.
* Audio- visual media- Meaning importance and various forms Audio/Radio.
* Use of television and CCTV in instruction and training and video conferencing.
* Recent innovations in the area of ET interactive. Video- Hypertext, Video texts, optional technology- Laser disk, computer conferencing.
* Recent trends of research in Educational Technology and its future with reference to physical education.
